

Manor Hill Time4Sport coverage and concept timetable

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Session 1 Manipulation & Coordination Unit 1 & 2	Attack, Defend, Shoot	Session 1 Gymnastics Session 2 Health and Well-Being	Session 1 Dance Session 2 Body Management	Session 1 Run, Jump, Throw Session 2 Cooperate & Solve	Session 1 Hit, Catch, Run Session 2 Speed and Agility
Year 1	Send and Return	Session 1 Attack, Defend, Shoot Unit 1 & 2	Session 1 Gymnastics Session 2 Health and Well-Being	Session 1 Dance Session 2 OAA	Session 1 Run, Jump, Throw Session 2 Hit, Catch, Run	Session 1 Hit, Catch, Run Unit 2 Session 2 Attack, Defend, Shoot Unit 2
Year 2	Send and Return Unit 1 and 2	Attack, Defend, Shoot Unit 1 & 2	Session 1 Gymnastics Session 2 Health and Well-Being	Session 1 Dance Session 2 OAA	Session 1 Run, Jump, Throw Session 2 Hit, Catch, Run	Session 1 Hit, Catch, Run Unit 2 Session 2 Run, Jump, Throw Unit 2
Year 3	Tennis multi-skills	Invasion Games	Session 1 Gymnastics Session 2 Health and Well-Being	Session 1 Dance Session 2 OAA	Session 1 Athletics Session 2 Handball	Session 1 Cricket Session 2 Rounders
Year 4	Tennis multi-skills	Invasion Games	Session 1 Gymnastics Session 2 Health and Well-Being	Session 1 Dance Session 2 OAA	Session 1 Athletics Session 2 Handball	Session 1 Cricket Session 2 Rounders